

Many Lives Chinese Medicine

Client Intake Form

Date:

Name:

Date of Birth:

Age:

Address:

City:

Zip:

Phone(s):

Home:

Work:

Cell:

Email Address:

Physician:

Phone:

Date of last exam:

Reason for visit:

Emergency Contact:

Phone:

Referred by:

Contact information of referral (to send thank you):

Please be respectful of my time and yours. Your time commitment begins at the moment you make an appointment. There are times when a cancellation is, of course, necessary; but please give advanced notice whenever possible. Missed or cancelled appointments without twenty-four (24) hour notice will be charged in full for the missed appointment. If no cancellation arrangements are made, the cost of the appointment will be charged.

Client Signature:

Date:

Many Lives Chinese Medicine

beth.schiffman@gmail.com

650.366.4299

Name: _____

Chief complaint: _____

Date of onset (when you first noticed the problem): _____

How long have you had this condition: _____

Have you had this in the past? No Yes When: _____

Pain is: Minimal Moderate
 Slight Severe Scale of 1 to 10: _____

What makes it better? _____

What makes it worse? _____

Your condition is: Getting worse Constant Comes and goes

Medications/drugs/herbs you are currently taking: _____

List surgeries/operations you have undergone, with dates: _____

Family History

	Father	Mother	Sibling	Children	Self
Arthritis					
Asthma					
Cancer					
Allergies					
Heart trouble					
High blood pressure					
Stroke					
Diabetes					

General		
<input type="checkbox"/> Chills	<input type="checkbox"/> Fatigue	<input type="checkbox"/> Aversion to heat/cold
<input type="checkbox"/> Frequent colds	<input type="checkbox"/> Excess thirst	<input type="checkbox"/> Low-back pain
<input type="checkbox"/> Catch colds easily	<input type="checkbox"/> Weight loss/gain	<input type="checkbox"/> Joint disorders
<input type="checkbox"/> Allergies	<input type="checkbox"/> Dizziness	

Energy level	Stress
<input type="checkbox"/> High (time of day) _____	<input type="checkbox"/> None
<input type="checkbox"/> Low (time of day) _____	<input type="checkbox"/> Moderate
	<input type="checkbox"/> Severe
	What causes it? _____

Sleep problems		
<input type="checkbox"/> Trouble falling asleep	<input type="checkbox"/> Trouble staying awake	<input type="checkbox"/> Other: _____
<input type="checkbox"/> Trouble staying asleep	<input type="checkbox"/> Excess dreaming	
<input type="checkbox"/> How many hours do you sleep each night? _____		

Sweating	Circulation
<input type="checkbox"/> Rarely sweat	Feelings of: <input type="checkbox"/> Hot <input type="checkbox"/> Cold What area? _____
<input type="checkbox"/> Night sweats	
<input type="checkbox"/> Excess sweating	Hands and feet get cold easily: <input type="checkbox"/> Yes <input type="checkbox"/> No
<input type="checkbox"/> Spontaneous sweating	

Skin		
<input type="checkbox"/> Dry	<input type="checkbox"/> Changing moles/lumps (cysts/tumors)	<input type="checkbox"/> Dry scalp <input type="checkbox"/> Skin puffy/wrinkled <input type="checkbox"/> Dark circles under eyes <input type="checkbox"/> Other: _____
<input type="checkbox"/> Itchy	<input type="checkbox"/> Boils	
<input type="checkbox"/> Moist, clammy	<input type="checkbox"/> Frequent rashes	
<input type="checkbox"/> Burning	<input type="checkbox"/> Acne	
<input type="checkbox"/> Blood not clotting	<input type="checkbox"/> Bruise easily (black-and-blue spots)	
<input type="checkbox"/> Hives	<input type="checkbox"/> Hair loss/thinning	

Head & neck		
<input type="checkbox"/> Memory loss	<input type="checkbox"/> Double vision	<input type="checkbox"/> Headaches (list where): _____ <input type="checkbox"/> Other: _____
<input type="checkbox"/> Eye pain	<input type="checkbox"/> "Floaters" (spots in vision)	
<input type="checkbox"/> Dry eyes	<input type="checkbox"/> Loss of balance	
<input type="checkbox"/> Blurred vision	<input type="checkbox"/> Burning eyes	

Ears & nose		
<input type="checkbox"/> Poor hearing	<input type="checkbox"/> Ringing/buzzing in ears	<input type="checkbox"/> Congestion/allergies <input type="checkbox"/> Frequent colds <input type="checkbox"/> Other: _____
<input type="checkbox"/> Ear aches	<input type="checkbox"/> Frequent nose bleeds	
<input type="checkbox"/> Ear discharge/infections	<input type="checkbox"/> Sinus problems	

Chest		
<input type="checkbox"/> Trouble breathing	<input type="checkbox"/> Mucous rattle when breathing	<input type="checkbox"/> Swollen ankles <input type="checkbox"/> Coughing phlegm Color: _____ <input type="checkbox"/> Other: _____
<input type="checkbox"/> Trouble breathing at night	<input type="checkbox"/> Wheezing	
<input type="checkbox"/> Shortness of breath	<input type="checkbox"/> Persistent cough	
<input type="checkbox"/> Pain/pressure in chest	<input type="checkbox"/> Chest pain	
<input type="checkbox"/> Palpitations	<input type="checkbox"/> Coughing blood	

Genito-urinary		
<input type="checkbox"/> Frequent urination <input type="checkbox"/> Day <input type="checkbox"/> Night	<input type="checkbox"/> Strong-smelling urine	<input type="checkbox"/> Water retention <input type="checkbox"/> Abnormal color <input type="checkbox"/> Other: _____
<input type="checkbox"/> Difficult to urinate	<input type="checkbox"/> Pain or burning on urination	
	<input type="checkbox"/> Blood in urine	
	<input type="checkbox"/> Frequent infections/dysfunction	

Neurological		
<input type="checkbox"/> Tremors	<input type="checkbox"/> Pain; where: _____	<input type="checkbox"/> Poor coordination <input type="checkbox"/> Stroke <input type="checkbox"/> Other: _____
<input type="checkbox"/> Numbness; where: _____	<input type="checkbox"/> Paralysis; where: _____	
<input type="checkbox"/> Tingling; where: _____	<input type="checkbox"/> Seizures	

Emotional & mental		
<input type="checkbox"/> Nervousness	<input type="checkbox"/> Moody	<input type="checkbox"/> Fearful
<input type="checkbox"/> Depressed	<input type="checkbox"/> Mind not clear	<input type="checkbox"/> Terrors
<input type="checkbox"/> Easily angered	<input type="checkbox"/> Manic	<input type="checkbox"/> Difficulty expressing emotions
<input type="checkbox"/> Easily irritated	<input type="checkbox"/> Obsessive	<input type="checkbox"/> Other: _____
<input type="checkbox"/> Frequent crying	<input type="checkbox"/> Compulsive	
<input type="checkbox"/> Disoriented	<input type="checkbox"/> Anxiety	

Gastro-intestinal (check all that apply)

	Often	Seldom	Severe	Mild	None
Poor appetite					
Excessive appetite					
Nausea					
Vomiting					
Belching					
Indigestion					
Stomach pain					
Lower-abdominal pain					
Bloody stools					
Black stools					
Mucus in stools					
Stools have foul odor					
Hemorrhoids					
Lower bowel gas					
Colon problems					
Diarrhea					
Constipation					

Lifestyle habits (please indicate how much, how many, how often)

Cigarettes (packs): _____ Coffee/tea (cups): _____

Alcohol (type/amount per week): _____

Prescription drugs: _____

Over-the-counter drugs: _____

Recreational drugs: _____

Vitamins/herbs: _____

Dietary restrictions: _____

Food cravings: _____

Exercise (type and frequency): _____

Briefly describe your diet: _____



Insurance Information

At Many Lives, we provide insurance billing as a courtesy to our patients. Currently, we accept most PPO insurance plans, and are not currently “in-network” with any of them. Depending on your plan, you may still be covered, but this may result in a lower percentage of your claim being paid. Your financial responsibility depends on your specific health insurance plan.

If we are not able to verify your coverage before your first visit, you are responsible for the full payment at time of service. (Don't worry) We will issue a refund for your acupuncture charge when we receive payment from your insurance company. When we are able to verify coverage and get an estimate of what they will cover, you will be expected to pay a co-pay at time of service. Amount due at time of service may need to be adjusted once we receive payments from your insurance company.

Please remember, the ultimate financial responsibility for payment lies with the patient, not the insurance company.

Release of Information

If your insurance company requires medical reports or records to document your treatment or progress, your signature below authorizes this office to release medical information necessary to process your claim:

Your signature below acknowledges that you have read and agreed to these terms.

Signature _____ Date _____

Thank you very much. We look forward to working with you.

Many Lives Chinese Medicine

Informed Consent to Treatment

I, _____ consent to acupuncture treatment(s) and other procedures associated with Traditional Chinese Medicine by Beth Schiffman, L.Ac. I have discussed the nature and purpose of my treatment, and understand that methods of treatment may include, but are not limited to acupuncture, herbal medicine, nutritional counseling, moxibustion, cupping and electrical stimulation.

I have been informed that acupuncture utilizes sterile needles and is done in a clean, safe environment; but that it may have side effects, including: bruising, numbness or tingling near acupuncture, dizziness and fainting. Some unusual risks of acupuncture include lung puncture (pneumothorax) and infection. Burns and/or scarring are a potential risk of indirect moxibustion and cupping. I understand that while this document describes the major risks of treatment, other side effects and risks may occur. I will notify Beth Schiffman if I am or become pregnant.

Herbs and nutritional supplements (from plant, animal and mineral sources) that have been recommended are traditionally considered safe in the practice of Chinese Medicine, although some may be toxic in large doses. I understand that some herbs are inappropriate during pregnancy. Some possible side effects of taking herbs are nausea, gas, stomachache, vomiting, headache, diarrhea, rashes, hives and tingling of the tongue. I will immediately notify Beth Schiffman of any unanticipated or unpleasant effects associated with the consumption of herbal teas, or patent (pill form) medicines.

By signing below I show that I have read this consent to treatment, and understand the risks and benefits of acupuncture and other procedures. I intend this consent form to cover the entire course of treatment for my present and any future conditions for which I seek treatment.

Client	Date	Practitioner	Date
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Directions to Many Lives Chinese Medicine
499 Seaport Ct. #101
Redwood City CA 94063
650-366-4299

Signage is not well marked

From the North:

101 South
Exit to Seaport Blvd. (Woodside Road)
Heading East
Go $\frac{3}{4}$ mile turn Left on Seaport Ct.
Go to Stop sign, go slight Right
Count 3 light posts (on center strip)
Park. Walk straight, pass the California Overnight box
Door is behind the octagonal planter box!

From the South:

101 north
Exit to Seaport Blvd. (Woodside Road)
Heading East
Go $\frac{3}{4}$ mile turn Left on Seaport Ct.
Go to Stop sign, go slight Right
Count 3 light posts (on center strip)
Park. Walk straight, pass the California Overnight box
Door is behind the octagonal planter box!